



# Donation Letter for Bicycle Ride for PTSD

## An Opportunity to Make a Difference

To: O'Reilly Auto Parts,

I hope this letter finds you in the best of health and spirits. I am writing to you on behalf of the American Legion and the 2<sup>nd</sup> Annual Bicycle Ride to support Post-Traumatic Stress Disorder (PTSD), to bring to your attention an event that is close to our hearts. This event is not just another cycling expedition; it is a movement to support those who have bravely served our nation and are now battling the aftermath of their service - PTSD. The goal is to raise 1 million dollars to be used to treat our veterans and first responders for PTSD and to begin building the first women's facility to treat and support women veterans and first responders experiencing PTSD.

## About PTSD and its Impact

PTSD is a serious condition that affects many of our veterans, first responders, and others who have experienced traumatic events. It causes significant emotional, psychological, physical distress, and possibly leads to suicide. It impacts not only the affected individuals but also their families and communities. The journey to recovery is often long and challenging, requiring comprehensive support and resources. **Be the One** is a program sponsored by The American Legion to assist in recognizing the signs when someone is close to committing suicide.

## The Bicycle Ride for PTSD

The Bicycle Ride for PTSD is an annual event aimed at raising funds to treat individuals suffering with PTSD through approved programs for treatment. This year's event will take place from August 2<sup>nd</sup> to August 22<sup>nd</sup> and will cover a scenic route of 1,275 miles from Carrollton, TX to Tampa Bay, FL.

## Event Highlights

- A scenic route covering 1,275 miles
- Participation from veterans, first responders, and supporters
- Visiting 7 military bases to include all branches of the military to hold Q&As with troops and their guests to discuss the effects of PTSD and the value of Veteran Service Organizations
- The ride will end at the American Legion National Convention being held in Tampa Bay, FL.

## How You Can Help

Any donation is appreciated and will assist us in reaching our goal of 1 million dollars. One hundred percent of the donated funds go toward the goal and will not be used to support the ride. The volunteers are not compensated with any of the donated funds. Every dollar counts and brings us one step closer to our goal of supporting those who have given so much for our safety and freedom. Again, this is for treating our veterans and 1<sup>st</sup> responders who are suffering with PTSD and to begin building the first facility that will be used for female veterans and first responders suffering from PTSD

## Ways to Donate

Donating is easy and secure. You can contribute in the following ways:

Online: Visit our website [BICYCLE RIDE FOR PTSD](#) and click on the " Zeffy button to Donate"

Donate [Here](#)

Or

Make the check payable to:



**TALDF** (Texas American Legion Development Foundation – a (501)(c)(3) corporation for tax deductible donations

Mail: Send a check or money order to:

*The American Legion  
P.O. Box 140527  
Austin, TX 78714-0527*

## Join Us

We also invite you to join us on the day of the ride. Whether you are an experienced cyclist or a beginner, your presence and participation will show your solidarity with those affected by PTSD. For more details on how to register, please visit our website: <https://americanlegion597.com/bicycle-ride-for-ptsd>.

## Thank You

We are deeply grateful for your consideration and support. Together, we can make a meaningful difference in the lives of those who need it the most. If you have any questions or require further information, please contact Jeff Perkins at: [bike.ride.ptsd@gmail.com](mailto:bike.ride.ptsd@gmail.com) or call 214-762-0692

Thank you once again for your generosity and commitment to this important cause.

Sincerely,

Jeff Perkins

Past State Commander

American Legion Department of Texas